

Professional Learning

at Southeast Service Cooperative

The Child Mind Institute reports that half of all mental illness occurs before the age of 14, and 75 percent by the age of 24—highlighting an urgent need to create systemic approaches to the problem.

Mental Health and Behavior Systems Consultant

SSC is offering a new opportunity to support our districts in developing and implementing systematic approaches to address student mental health and behavioral issues. Our Mental Health and Behavior Systems faculty member, **Angie Ellsworth**, is now available to work with individual schools/districts to determine behavioral and mental health priorities and to develop and implement programming to address the identified areas of need.

Services that Angie can provide include the following:

- Provide initial and ongoing systems-wide assessments through discussions, interviews, and review of documents and data
- Assist with determining behavioral/mental health priorities
- Assist with community, school-wide, classroom, or individual systems alignment following PBIS/RtI/MTSS framework(s)
- Provide support and direction to educational staff during action planning
- Provide strategies to team members for data gathering and implementation of intervention programs
- Assess ongoing implementation and recommend adaptations accordingly
- Check for reliability and validity of data gathered
- Refer to and suggest additional study of current literature and research in the field

Scheduling an initial consultation with Angie does not commit your district to future work with Angie. To learn more about this opportunity and take the first step to set up a consultation, please contact **Kari Kubicek** at SSC.



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About the Facilitator:

Angie Ellsworth, MS, LSW, LSC, received a Bachelor's Degree in Social Work and Masters Degree in School Counseling from Winona State University. She started her career working with people with disabilities and has spent the past 18 years working with children ages 5-16 with academic, behavioral, and mental health challenges and supporting parents and school staff in helping them succeed. She maintains her licenses while working as a Behavior Specialist at a Rochester elementary school and provides staff development district wide. She also offers classes for parents and personalized behavior coaching in-home. She is trained in Love and Logic (R), Restorative Justice, Crisis Prevention and De-escalation, Why Try? resiliency education, and is an ENVoY (R) non-verbal behavior management coach and certified teacher. Angie also has extensive experience leading PBIS teams and providing tiered interventions. She embeds research on brain functioning and growth mindset into her approach and incorporates experiential learning techniques for a hands-on experience. Currently she is pursuing Certification in Interdisciplinary Trauma Studies from the University of Minnesota. Angie and her husband have three teenagers (whoa!) and a black lab named Buddy. She likes to read, workout, scrapbook, and laugh.

