

Professional Learning

at Southeast Service Cooperative

The **Child Mind Institute** reports that half of all mental illness occurs before the age of 14, and 75 percent by the age of 24—highlighting an urgent need to create systemic approaches to the problem.

Behavior and Mental Health Support Service

SSC is offering this opportunity to support our districts in developing and implementing systematic approaches to address student mental health and behavioral issues. Our Behavior and Mental Health Supports faculty member, **Angie Ellsworth**, is available to work with individual schools/districts to determine behavioral and mental health priorities and to develop and implement programming to address the identified areas of need.

Services that Angie can provide include the following:

- Provide initial and ongoing systems-wide assessments through discussions, interviews, and review of documents and data
- Assist with determining behavioral/mental health priorities
- Assist with community, school-wide, classroom, or individual systems' alignment following PBIS/RtI/MTSS framework(s)
- Provide support and direction to educational staff during action planning
- Provide strategies to team members for data gathering and implementation of intervention programs
- Assess ongoing implementation and recommend adaptations accordingly
- Check for reliability and validity of data gathered
- Refer to and suggest additional study of current literature and research in the field

Scheduling an initial consultation with Angie does not commit your district to future work with Angie. To learn more about this opportunity and take the first step to set up a consultation, please contact **Kari Kubicek** at SSC.



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About the Facilitator



Angie Ellsworth, MS, LSW, LSC, received a Bachelor's Degree in Social Work and Masters Degree in School Counseling from Winona State University. She has spent the past 20 years working with children ages 5 -16 with academic, behavioral,

and mental health challenges and supporting parents and school staff in helping them succeed.

She maintains her licenses while working part-time as a public school social worker and provides district wide staff development. She also offers classes for parents and personalized behavior coaching in-home. She is trained in Love and Logic (R), Restorative Justice, Crisis Prevention and De-escalation, Why Try? Resiliency education, and is an ENVoY (R) non-verbal behavior management coach and certified teacher. Angie also has extensive experience leading PBIS teams and implementing data-based tiered interventions.

She embeds research on brain functioning and growth mindset into her approach and incorporates experiential learning techniques for a hands-on experience. She recently completed Inclusivity and Equity certification through ASCA and is pursuing Certification in Interdisciplinary Trauma Studies from the University of Minnesota. Angie and her husband have three high schoolers and two black labs. She likes coffee, smoothies, and warm weather!

What people are saying...

"Angie was AWESOME! She connected with a variety of staff on behavior all in one setting. I truly appreciate her focus on connecting with her audience.

THANK YOU ANGIE."

Michael Mangan, Principal
Houston High School

"I just wanted to send you a quick message to thank you for your work with our staff. The support needed for educators at this time is so vital to have intentionally planned. Our team is very grateful for your expertise and support!

Have a great day!"

Sam Richardson, Principal
Greenvale Park Elementary, Northfield Schools

"Angie's services have been just what we were looking for. She has been willing to collaborate with us in identifying our current strengths and needs, followed by a professional development plan to support staff in providing high quality EBD programming."

Dr. Sarah Knudsen, Director of Special Education,
Winona Schools

"Angie has a wealth of knowledge that we could apply immediately to our life and schedules. I walked away with more than two or three ideas. It was great!! Definitely what we needed before heading into this year!"

Participant at a recent mental health and self-help training facilitated by Angie.